

2016

*making the invisible visible*

# sprout

*making the invisible visible*

Sprout is a private, non-profit organization, founded in 1979 by Anthony Di Salvo, offering innovative programming related to the field of intellectual and developmental disabilities.

Our **travel and recreation programs** are dedicated to helping individuals with intellectual and developmental disabilities grow through challenging and safe travel experiences and social activities. Based in New York City, our programs are available to people with intellectual and developmental disabilities as well as the agencies that serve them throughout the United States.

Through our **film programs** we invite you to experience film and video featuring people with intellectual and developmental disabilities. People in this population as subjects and performers remain marginalized in the media. By creating and presenting films of artistry and intellect, we hope to reinforce accurate portrayals of people with I/DD and to expose the general public to important issues facing this population.

Click on links below for the following Sprout pages:

[Vacations](#)

[Sprout Facebook](#) 

[Custom Designed Trips](#)

[Sprout Film Festival Facebook](#) 

[Film Festival](#)

[Twitter for vacation program](#) 

[Touring Film Festival](#)

[Twitter for film programs](#) 

[Sproutflix](#)

[Instagram for vacation programs](#) 

[Make-A-Movie Program](#)

[YouTube for film programs](#) 



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# Last year 35 cities throughout the U.S. presented their own Sprout Touring Film Festival



You pick the date and location and we will work with you to tailor any number of programs, bringing a custom-designed version of the Sprout Film Festival to your area. Ideal for conferences, schools and agencies interested in presenting quality, educational, entertaining and memorable films related to the field of intellectual and developmental disabilities.

Our library currently consists over over 200 titles of amazing films for you to select from to be included in your festival.

For additional information and/or a proposal please contact Anthony Di Salvo, Sprout's Executive Director, at 888-222-9575 or [anthony@gosproust.org](mailto:anthony@gosproust.org)



## Make-A-Movie Program

Since 1994 filmmaker Anthony Di Salvo has turned cameras on persons with intellectual and developmental disabilities for a series of fun, poignant and richly drawn videos.

Typically marginalized by their absence in film and video, participants are excited by this newfound opportunity to explore their artistic side. They have inspired and, at times, co-written stories that became Sprout films.

These award winning films have been shown at festivals and public screenings around the world.

For additional information about the Make-A-Movie Program, visit:

[www.gosproust.org/make-a-movie](http://www.gosproust.org/make-a-movie).

# sproutflix

The only distributor of films exclusively featuring people with intellectual and developmental disabilities.



Sproutflix offers streams, downloads, DVDs and playlists to be purchased and licensed for institutional use. We encourage schools, universities, libraries, agencies and other training and educational facilities to browse our ever-growing collection of unique, artistic and enlightening films.

Film can inspire, inform and affect change. It is a powerful educational tool and the perfect addition to any curriculum or training program.

Click on any of the themes below to see a complete list of related films:

ADVOCACY

ART

ASPERGER'S SYNDROME

AUTISM

BRAIN INJURY

CARE PROVIDERS

CHILDREN

COMMUNITY

DANCE

DOWN SYNDROME

EDUCATION

ELDERLY

EMPLOYMENT

FRAGILE X

GROUP HOME

HISTORY

INDEPENDENCE

INSTITUTIONS

INTELLECTUAL DISABILITY

PERFORMANCES

RELATIONSHIPS

SAVANT

SEXUALITY

SIBLINGS / FAMILY

SPORTS

WILLIAMS SYNDROME

YOUNG ADULT



Sproutflix hosts the largest and most diverse assortment of films featuring people with I/DD on the marketplace. Our ever-growing collection is made up of feature length documentaries and narratives as well as short films, animations and music videos. Many organizations use films on Sproutflix to host their own Sprout Film Festival.

Visit [www.sproutflix.org](http://www.sproutflix.org) to discover an exciting world of film.

# vacation program

Since 1979 Sprout has provided people with special needs exciting vacation opportunities across the US and throughout the world.

From relaxing weekend escapes to week-long adventures of travel and discovery, Sprout has a vacation to please everyone.



*We can relax when our guys go on Sprout trips. We know that they will come home clean, happy and healthy. They always have a great time, and share stories long after their vacations end.*

associate director

✦ Participants on our vacations have developmental disabilities (moderate to high functioning levels) and are at least 21 years old. Travelers must be ambulatory and capable of functioning well within Sprout's traveling ratio of 1 leader to 3-4 participants.

✦ Our usual group size is 10-11 participants and 3 Sprout leaders. This ratio not only allows for individual attention, but also creates a comfortable atmosphere for socialization and personal growth.

✦ Groups typically use 15-passenger vans for access to a wide variety of local activities, restaurants and attractions.

✦ Our groups stay in a variety of inns, motor lodges, condominiums, and hotels where we are known and welcome. Occasionally in select rooms, due to participant ratios and to keep the trip cost affordable, we use roll-away beds.

✦ Driving trips begin and end in New York City. We also have a selection of trips which offer pick-ups/drop offs in Connecticut, New Jersey, Long Island and upstate NY. **Airline trips departing from NYC will leave from one of the three metropolitan airports.**

✦ In general, extended driving trips depart at 10:30am. Weekend trips depart at 5:00pm. All trips return at 5:30pm, unless otherwise noted.

✦ The cost of the trip covers all meals, accommodations, transportation, leadership costs, activities, accident insurance and gratuities. We suggest that each participant bring spending money to purchase souvenirs.

✦ Each group's leadership team has use of a cellular phone and access to a 24-hour support system during the entire trip.



**Special pick-ups/drop-offs** - Individuals traveling via public transportation and in need of assistance can be escorted to and from the meeting location for an additional fee. Pick-ups can be arranged at Port Authority, Grand Central Station and Penn Station. Pick-ups can also be arranged at La Guardia, JFK and Newark airports. This service must be pre-arranged with Sprout's Director of Operations and times must correlate with meeting and return times for the rest of the group. **These arrangements must be made at least 14 days prior to the trip departure.**

**En route pick-ups/drop-offs** - A pick-up location en route to the destination can be arranged, when feasible, for a nominal fee. **These arrangements must be made at least 28 days prior to the trip departure. En route pick-ups and drop-offs are not available for weekend trips.**

# custom design program



*Given the breadth of its interests and the remarkable scope of its destinations, Sprout is the “Club Med” of travel for the developmentally disabled.*

Arthur Frommer  
Frommer's Guide

**The perfect way to accommodate your group's specific vacation needs, from budgetary concerns to enhanced care requirements.**

- ✦ You pick the dates, length and destination of the trip.
  - ✦ We will pick up your group, wherever you are.
- ✦ Our staff will work with you to design a trip to suit your group's specific interests and abilities.
- ✦ Sprout will provide all staffing needs during their vacation.



*I would just like to thank you for the wonderful service that you provide for the community. Our consumers had such a great time that they are already asking me to go next year, which is a pretty big deal for them. Thank you also for making the signup process so easy, most other things we do are arduous in comparison.*

service coordinator

For questions regarding the Vacation Program and the Custom Design Program please contact Scott Randall, Sprout's Director of Operations at: 888-222-9575 or by email at: [Scott@GoSprout.org](mailto:Scott@GoSprout.org)

# 2016 trips calendar

## New York City Departures

### April

Wed. 20 - Fri. 22 .....Foxwoods p. 8

### May

Wed. 4 - Tues. 10.....Orlando Disney World p. 8

Sat. 14 - Sat. 21 .....Florida & Bahamas Cruise p. 8

Tues. 24 - Thurs. 26 .....Atlantic City p. 9

Tues. 31 - Thurs. June 2 .....Philadelphia p. 9

Tues. 31 - Sun June 5 .....Lake George p. 9

### June

Fri. 3 - Wed. 8 .....Niagara Falls p. 9

Mon. 6 - Fri. 10 .....Jersey Shore p. 9

Fri. 10 - Tues. 14.....Vermont p. 9

Mon. 13 - Thurs. 16 .....Poconos p. 10

Thurs. 16 - Mon. 20 .....Boston & Salem p. 10

Fri. 17 - Sun. 19.....Mystic, CT p. 10

Mon. 20 - Thurs. 23 .....Penn Dutch p. 10

Wed. 22 - Tues. 28.....Virginia Beach p. 10

Fri. 24 - Sun. 26 .....Old Songs Festival p. 10

Mon. 27 - Thurs. 30 .....Washington, DC p. 11

Wed. 29 - Tues. July 5.....Cleveland p. 11

### July

Fri. 1 - Wed. 6 .....1000 Islands p. 11

Tues. 5 - Thurs. 7 .....Atlantic City p. 11

Wed. 6 - Mon. 11 .....Lake George p. 11

Thurs. 7 - Sun. 10 .....Rhode Island p. 12

Fri. 8 - Wed. 13.....Cape Cod p. 12

Mon. 11 - Sat. 16 .....Baseball Road Trip p. 12

Tues. 12 - Thurs. 14 .....Catskills p. 12

Thurs. 14 - Wed. 20 .....Virginia Beach p. 13

Fri. 15 - Wed. 20 .....Finger Lakes p. 13

Mon. 18 - Sat. 23 .....Maine p. 13

Thurs. 21 - Wed. 27 .....Pittsburgh p. 14

Fri. 22 - Mon. 25 .....Mystic, CT p. 14

Mon. 25 - Wed. 27 .....Atlantic City p. 14

Tues. 26 - Sun. 31 .....Niagara Falls p. 14

Thurs. 28 - Mon. Aug. 1 **slow pace**..Canada Cruise p. 22

Thurs. 28 - Tues. Aug. 2 .....Ocean City & DE Fair p. 14

### August

Tues. 2 - Sat. 6 .....Lake George p. 14

Wed. 3 - Sun. 7 .....New Hampshire p. 15

Fri. 5 - Mon. 8 .....Poconos p. 15

Mon. 8 - Thurs. 11 .....Baseball Hall of Fame p. 15

Mon. 8 - Sun. 14.....Cape Cod p. 15

Tues. 9 - Mon. 15 .....Virginia Beach p. 15

Fri. 12 - Sun. 14 .....Hunter Mt. Celtic Fest p. 15

Mon. 15 - Sat. 20.....Amusement Parks p. 15

Tues. 16 - Wed. 18 .....Atlantic City p. 16

Fri. 19 - Tues. 23.....Vermont p. 16

Mon. 22 - Thurs. 25 .....Baltimore p. 16

Mon. 22 - Thurs. 25 .....Mystic, CT p. 16

Wed. 24 - Sun. 28 .....Boston p. 16

Fri. 26 - Mon. 29 .....Poconos p. 16

Fri. 26 - Tues. 30 .....Washington, DC p. 17

Mon. 29 - Thurs. Sept. 1 .....Catskills p. 17

Tues. 30 - Sat. Sept. 3 .....Delaware Shore p. 17

### September

Thurs. 1 - Tues. 6.....1000 Islands p. 17

Fri. 2 - Tues. 6 .....Penn Dutch p. 17

Tues. 6 - Thurs. 8 .....Mystic, CT p. 17

Wed. 7 - Sat. 10 .....Baseball Hall of Fame p. 17

Thurs. 8 - Wed. 14.....Williamsburg, VA p. 17

Fri. 9 - Mon. 12 .....Atlantic City & Cape May p. 17

Mon. 12 - Thurs. 15 .....Dude Ranch p. 18

Tues. 13 - Fri. 16 .....Boston p. 18

Tues. 13 - Mon. 19 .....Orlando Disney World p. 18

Thurs. 15 - Sun. 18 .....Berkshire & Big E Fair p. 18

Fri. 16 - Wed. 21 .....Lake George p. 18

Mon. 19 - Thurs. 22 .....Philadelphia p. 18

Tues. 20 - Sun. 25 .....Cape Cod p. 18

Fri. 23 - Sun 25 .....Atlantic City p. 18

Tues. 27 - Fri. 30 .... **slow pace**..Catskills Resort p. 23

### October

Mon. 3 - Wed. 5 .....New Hope p. 18

Wed. 5 - Tues. 11 .....Las Vegas p. 19

Fri. 7 - Tues. 11 .....Vermont p. 19

Thurs. 13 - Sun. 16 .....Washington, DC p. 19

Sun. 16 - Sun. 23 .....Bermuda Cruise p. 19

Tues. 18 - Fri. 21 .....Catskills Fall Tour p. 20

Mon. 24 - Wed. 26 .....Atlantic City p. 20

Tues. 25 - Mon. 31 .....Orlando Disney World p. 20

Fri. 28 - Mon. 31 .....Poconos p. 20

### November

Tues. 1 - Tues. 8.....London, England p. 20

Wed. 2 - Sat. 5 .....Mystic, CT p. 21

### December

Wed. 7 - Tues. 13.....Orlando Disney World p. 21

Fri. 16 - Sun. 18 .....Bethlehem, PA p. 21

### January 2017

Wed. 11 - Tues. 17 .....Orlando Disney World p. 21

### February 2017

Wed. 8 - Tues. 14 .....Southern California p. 21

# additional departures

## New Paltz, NY Departures

### May

Tues. 31 - Sun. June 5 .....Lake George p. 9

### June

Fri. 3 - Wed. 8 .....Niagara Falls p. 9

### July

Fri. 1 - Wed. 6 .....1000 Islands p. 11

Wed. 6 - Mon. 11 .....Lake George p. 11

Tues. 12 - Thurs. 14 .....Catskills p. 12

Fri. 15 - Wed. 20 .....Finger Lakes p. 13

Tues. 26 - Sun. 31 .....Niagara Falls p. 14

### August

Tues. 2 - Sat. 6 .....Lake George p. 15

Mon. 8 - Thurs. 11 .....Baseball Hall of Fame p. 15

Mon. 29 - Thurs. Sept 1 .....Catskills p. 17

### September

Thurs. 1 - Tues. 6 .....1000 Islands p. 17

Wed. 7 - Sat. 10 .....Baseball Hall of Fame p. 17

Mon. 12 - Thurs. 15 .....Dude Ranch p. 18

Fri. 16 - Wed. 21 .....Lake George p. 18

### October

Tues. 18 - Fri. 21 .....Catskills Fall Tour p. 20

## Bridgeport, CT Departures

### June

Thurs. 16 - Mon. 20 .....Boston & Salem p. 10

### July

Thurs. 7 - Sun. 10 .....Rhode Island p. 12

Fri. 8 - Wed. 13 .....Cape Cod p. 12

Mon. 18 - Sat. 23 .....Maine p. 13

Fri. 22 - Mon. 25 .....Mystic, CT p. 14

### August

Wed. 3 - Sun. 7 .....New Hampshire p. 15

Mon. 8 - Sun. 14 .....Cape Cod p. 15

Mon. 22 - Thurs. 25 .....Mystic, CT p. 16

Wed. 24 - Sun. 28 .....Boston p. 16

### September

Tues. 6 - Thurs. 8 .....Mystic, CT p. 17

Tues. 13 - Fri. 16 .....Boston p. 17

Tues. 20 - Sun. 25 .....Cape Cod p. 18

### November

Wed. 2 - Sat. 5 .....Mystic, CT p. 21

## Hartford, CT Departures

### June

Fri. 10 - Tues. 14 .....Vermont p. 9

### August

Fri. 19 - Tues. 23 .....Vermont p. 16

### September

Thurs. 15 - Sun. 18 .....Berkshires & Big E Fair p. 18

### October

Fri. 7 - Tues. 11 .....Vermont p. 19

## Carteret, NJ Departures

### May

Tues. 24 - Thurs. 26 .....Atlantic City p. 9

Tues. 31 - Thurs. June 2 .....Philadelphia p. 9

### June

Mon. 6 - Fri. 10 .....Jersey Shore p. 9

Mon. 20 - Thurs. 23 .....Penn Dutch p. 10

Wed. 22 - Tues. 28 .....Virginia Beach p. 10

Mon. 27 - Thurs. 30 .....Washington, DC p. 11

### July

Tues. 5 - Thurs. 7 .....Atlantic City p. 11

Mon. 11 - Sat. 16 .....Baseball Road Trip p. 12

Thurs. 14 - Wed. 20 .....Virginia Beach p. 13

Thurs. 21 - Wed. 27 .....Pittsburgh p. 14

Mon. 25 - Wed. 27 .....Atlantic City p. 14

Thurs. 28 - Tues. Aug. 2 .....Ocean City & DE Fair p. 14

### August

Tues. 9 - Mon. 15 .....Virginia Beach p. 15

Mon. 15 - Sat. 20 .....Amusement Parks p. 15

Tues. 16 - Wed. 18 .....Atlantic City p. 16

Fri. 26 - Tues. 30 .....Washington, DC p. 17

Tues. 30 - Sat. Sept. 3 .....Delaware Shore p. 17

### September

Fri. 2 - Tues. 6 .....Penn Dutch p. 17

Thurs. 8 - Wed. 14 .....Williamsburg, VA p. 17

Fri. 9 - Mon. 12 .....Atlantic City & Cape May p. 17

Mon. 19 - Thurs. 22 .....Philadelphia p. 18

Fri. 23 - Sun. 25 .....Atlantic City p. 18

### October

Thurs. 13 - Sun. 16 .....Washington, DC p. 19

Mon. 24 - Wed. 26 .....Atlantic City p. 20

## Plainview, NY Departures

### July

Fri. 22 - Mon. 25 .....Mystic, CT p. 14

All trips, except for slow pace and air travel trips, begin and end in NYC.



**The cost of each trip is all-inclusive, covering:**

- accommodations,
- transportation,
- accident coverage,
- all meals,
- supervision
- and activities.



### FOXWOODS

WEDNESDAY APRIL 20 - FRIDAY APRIL 22  
 COST: \$798.00 3 DAYS

This fun getaway offers the charm of a quaint seaport combined with some great casino action. Foxwoods has gambling, restaurants, shows, movies, shopping and other activities to choose from. Nearby Mystic is a possible side trip offering a delightful waterfront and aquarium.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

### ORLANDO & DISNEY WORLD

WEDNESDAY MAY 4 - TUESDAY MAY 10  
 COST: \$2,335.00 7 DAYS

Sprout heads to Orlando for this enchanted vacation. We shall find spectacular shows, thrilling rides and beloved Disney characters at the Magic Kingdom. The always fascinating movie-making magic of Disney Hollywood Studios and the interesting, interactive exhibits of Epcot are options for day-long excitement. We will also have time for shopping and swimming during our time in the Sunshine State.

**PLEASE NOTE:** *Sprout will no longer be going to Sea World parks in support of animal welfare.*

photo ID required extra walking



### FLORIDA & BAHAMAS CRUISE

SATURDAY MAY 14 - SATURDAY MAY 21  
 COST: \$2,250.00 8 DAYS

Come join us on this fantastic Norwegian cruise departing out of NYC. There will be three ports of call: Port Canaveral, FL; Nassau, Bahamas and Great Stirrup Cay – Norwegian's own private island. This is a great spring getaway as we enjoy many of the available activities that the ship has to offer, including swimming, casinos, formal dining, world-class entertainment, karaoke and dancing.

passport required



[Click for more info & photos](#)

## ATLANTIC CITY

TUESDAY MAY 24 - THURSDAY MAY 26

COST: \$650.00

3 DAYS

We can sample all that the Atlantic City boardwalk has to offer, including mini golf, high-tech arcade excitement and plenty of souvenir shopping. Our evenings will be spent dining, trying our luck at the slot machines and watching the high rollers in action.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## PHILADELPHIA

TUESDAY MAY 31 - THURSDAY JUNE 2

COST: \$645.00

3 DAYS

extra walking

Philadelphia offers many attractions such as the Liberty Bell, Franklin Institute of Science, Independence Hall and Reading Market. Funky South Street with its great shops, restaurants and street performers is an evening option.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## LAKE GEORGE

TUESDAY MAY 31 - SUNDAY JUNE 5

COST: \$1,260.00

6 DAYS

Lake George is a vacationer's paradise with theme parks, mini-golf, souvenir stands, shopping outlets, restaurants and clubs. A boat cruise on the lake will allow us to enjoy the magnificent scenery. We'll partake in some of our favorite activities that Sprout has been returning to for over 30 years!

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## NIAGARA FALLS

FRIDAY JUNE 3 - WEDNESDAY JUNE 8

COST: \$1,320.00

6 DAYS

Western New York is the backdrop for this trip that celebrates the beauty of the world-famous Niagara Falls. The group will spend a full day exploring the Falls via an exhilarating boat ride. A local amusement park and a short scenic cruise on the historic Erie Canal are worthwhile options.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## JERSEY SHORE

MONDAY JUNE 6 - FRIDAY JUNE 10

COST: \$1,120.00

5 DAYS

Get ready for the summer season with a tour of the beautiful Jersey Shore. Amusement parks, scenic boat rides, charming lighthouses and beach walks are all options on this seaside excursion. We can also spend a day enjoying the best of Atlantic City, from playing the slots to strolling the boardwalk.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## VERMONT

FRIDAY JUNE 10 - TUESDAY JUNE 14

COST: \$1,100.00

5 DAYS

The many pleasures of small-town New England await us as we explore the Green Mountain State. We will take in beautiful alpine vistas and scenic covered bridges, shop at old-time general stores and plan on a tour of the Ben & Jerry's Ice Cream factory. We will also enjoy home-style restaurants.

THIS TRIP ALSO DEPARTS FROM HARTFORD, CT



[Click for more info & photos](#)

## POCONOS

MONDAY JUNE 13 - THURSDAY JUNE 16

COST: \$830.00

4 DAYS

The Poconos offer endless fun and a tremendous variety of diversions, such as water parks, a pretzel factory, mini-golf and more. This popular tourist area is famous for its natural scenic beauty, 150 lakes, and many quaint, historical towns in the four county area.

## BOSTON & SALEM

THURSDAY JUNE 16 - MONDAY JUNE 20

COST: \$1,055.00

5 DAYS

We'll stay in Salem, a historic city and vibrant seaside community with eclectic shops and restaurants. We will venture into Boston for a classic tour of the city. A scenic trolley ride, Quincy Market and the aquarium are all great options during our visit.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

[Click for more info & photos](#)

## MYSTIC, CT

FRIDAY JUNE 17 - SUNDAY JUNE 19

COST: \$655.00

WEEKEND

Mystic has a delightful waterfront area with an aquarium and souvenir shops. This fun vacation offers the charm of a quaint seaport and some great casino action. Foxwoods offers gambling, restaurants, shows, movies, shopping and other activities for everyone to enjoy.

## PENN DUTCH

MONDAY JUNE 20 - THURSDAY JUNE 23

COST: \$845.00

4 DAYS

A tour of the charming Pennsylvania Dutch Country, the lush farming region of central Pennsylvania awaits us. In Lancaster we will visit the authentic Amish farms and shop at local markets. A full day of fun at Hershey Park, and a ride on the Strasburg Railroad are other possible activities for us to partake in. We will also enjoy the famous Shoofly pie at a popular smorgasbord restaurant.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## VIRGINIA BEACH

WEDNESDAY JUNE 22 - TUESDAY JUNE 28

COST: \$1,595.00

7 DAYS

The sand and surf await us. Busch Gardens theme park, one of the many options on this trip, will yield many thrilling rides and shows. The boardwalk offers boating, seaside dining and live music. A stopover in Washington, DC will also be included.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## OLD SONGS FESTIVAL

FRIDAY JUNE 24 - SUNDAY JUNE 26

COST: \$605.00

WEEKEND

Taking place in upstate New York, this unique festival features talented performers from all over the world. We can dance along with Flamenco, Irish, Bluegrass and Country music. We will also enjoy a variety of craft and food booths at this wonderful and memorable event.

[Click for more info & photos](#)

## WASHINGTON, DC

MONDAY JUNE 27 - THURSDAY JUNE 30

COST: \$980.00

extra walking

4 DAYS

A visit to our nation's capital is a popular getaway. Touring Washington, DC will give us the opportunity to visit exciting sites, such as the Lincoln Memorial, Washington Monument, the Jefferson Memorial, the new Martin Luther King, Jr. Memorial and the Smithsonian Institute. DC also features an array of diverse dining possibilities.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## CLEVELAND

WEDNESDAY JUNE 29 - TUESDAY JULY 5

COST: \$1,660.00

extra walking

7 DAYS

We'll drive to the Magical Midwest for this memorable adventure. The Rock and Roll Hall of Fame, which features seven floors and five theaters for films, is alive with the energy, passion and spirit of music. The OMNIMAX Theater and the Great Lakes Science Center are two options for fun in this Midwestern gem. Other memorable sites include the Metropolitan Zoo and the amazing Cedar Point Amusement Park. In the evenings, we can head to the Flats area for dining, dancing and fun.

[Click for more info & photos](#)

## 1000 ISLANDS

FRIDAY JULY 1 - WEDNESDAY JULY 6

COST: \$1,300.00

6 DAYS

The New York - Canadian border is the setting for this lovely excursion. We will enjoy a scenic boat cruise offering such sights as Boldt Castle and the International Bridge. A visit to the popular tourist town of Clayton will give us a chance to browse through the many craft and souvenir shops. Evenings will be spent exploring and savoring the local scene.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

[Click for more info & photos](#)

## ATLANTIC CITY

TUESDAY JULY 5 - THURSDAY JULY 7

COST: \$655.00

3 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## LAKE GEORGE

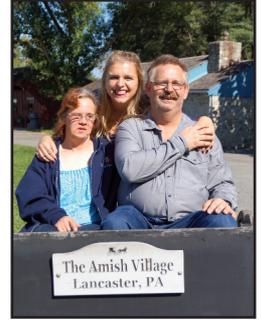
WEDNESDAY JULY 6 - MONDAY JULY 11

COST: \$1,255.00

6 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY



*I love Sprout. I enjoy going to places I've never been before. I also enjoy meeting the counselors and making new friends. Thank God for Sprout. It's the greatest. Thank you for all that you have done for people like me. If it wasn't for Sprout, I don't know what I would do.*

participant





## RHODE ISLAND

THURSDAY JULY 7 - SUNDAY JULY 10

COST: \$820.00

4 DAYS

The "Ocean State" is a wonderful summer destination. We will tour the resort town of Newport, enjoying souvenir shopping and stately mansions. A scenic boat tour, outdoor concerts and excellent dining are also on the agenda. Side trips to Boston or Foxwoods Casino are other options.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

[Click for more info & photos](#)

## CAPE COD

FRIDAY JULY 8 - WEDNESDAY JULY 13

COST: \$1,385.00

6 DAYS

Cape Cod has always been one of Sprout's most popular destinations. A whale-watching cruise or a summer league baseball game are options for us to explore. A visit to Provincetown will provide us with a chance to see lighthouses and visit unique shops and restaurants.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## BASEBALL ROAD TRIP

MONDAY JULY 11 - SATURDAY JULY 16

COST: \$1,290.00

6 DAYS

extra walking

This trip features exciting action as we attend 3 professional baseball games in Philadelphia, Baltimore or Washington, DC (depending on major league baseball schedules). We will catch a thrilling minor league game and may enjoy one of the many sports-themed museums such as the Philadelphia Sports Hall of Fame or the Babe Ruth Museum. The group can also get a spectacular behind-the-scenes tour of a major league baseball stadium to visit places in the ballpark that only staff and players go.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## CATSKILLS

TUESDAY JULY 12 - THURSDAY JULY 14

COST: \$685.00

3 DAYS

The Catskills area of Upstate New York is known as a very popular vacation getaway. A visit to the historic artsy town of Woodstock will be a memorable and unique experience.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

[Click for more info & photos](#)

## VIRGINIA BEACH

THURSDAY JULY 14 - WEDNESDAY JULY 20

COST: \$1,595.00

7 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## FINGER LAKES

FRIDAY JULY 15 - WEDNESDAY JULY 20

COST: \$1,290.00

6 DAYS

The Finger Lakes, a chain of lakes in upstate New York, is an ideal vacation destination, drawing people to the natural beauty of the region. An unforgettable ride on the the historic Finger Lakes Scenic Railroad as it crisscrosses the region is a must. Tour a museum, go shopping, visit a zoo, explore a farm, check out a local festival... finding something to please everyone is easy. The hardest part will be narrowing down our choices!

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## MAINE

MONDAY JULY 18 - SATURDAY JULY 23

COST: \$1,440.00

6 DAYS

We can explore picturesque towns filled with craft stores and art exhibits. Other options include York Beach, Ogunquit, enjoying a boat trip and attending a film festival. The town of Kittery is the number one shopping destination in New England and America's Maine Street for outlet shopping! We will also have the opportunity to indulge in lovely seaside dining, explore the New England nightlife and go sight-seeing along the scenic coastline.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT



*My client took a Sprout trip and vacationed away from home for the first time. We are so grateful that you provided such a wonderful, safe, and memorable experience for him.*

case manager





## PITTSBURGH

extra walking

THURSDAY JULY 21 - WEDNESDAY JULY 27  
COST: \$1,650.00

7 DAYS

The pleasure of Pittsburgh is a well-kept secret. The city's unique combination of bridges, hills, and broad rivers make it one of the most naturally scenic cities in the country. Home to many wonderful attractions, including The Carnegie Museum, the Pittsburgh Zoo, the PPG Aquarium and the Andy Warhol Museum. There are great restaurants and shops in the various districts and neighborhoods.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## MYSTIC, CT

FRIDAY JULY 22 - MONDAY JULY 25  
COST: \$875.00

4 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM PLAINVIEW, NY

[Click for more info & photos](#)

## ATLANTIC CITY

MONDAY JULY 25 - WEDNESDAY JULY 27  
COST: \$655.00

3 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## NIAGARA FALLS

TUESDAY JULY 26 - SUNDAY JULY 31  
COST: \$1,320.00

6 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## OCEAN CITY & DELAWARE STATE FAIR

extra walking

THURSDAY JULY 28 - TUESDAY AUGUST 2  
COST: \$1,345.00

6 DAYS

Spectacular beaches, a lively boardwalk and fantastic amusement parks await us on this tour of the coast of Maryland. In the evenings we can enjoy Ocean City's great nightlife, including live music, dancing and karaoke. This trip will also include a visit to the Delaware State Fair, featuring tasty food, rides, carnival games and amusements.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## LAKE GEORGE

TUESDAY AUGUST 2 - SATURDAY AUGUST 6  
COST: \$1,050.00

5 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## NEW HAMPSHIRE

WEDNESDAY AUGUST 3 - SUNDAY AUGUST 7  
COST: \$1,090.00 5 DAYS

We will head to this beautiful New England state that has both scenic coastlines and impressive mountain ranges. There will be the opportunity to take a train ride and visit scenic Mount Washington. As always, we will enjoy a variety of restaurants and find some great shopping opportunities in towns like Manchester and Portsmouth.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## POCONOS

FRIDAY AUGUST 5 - MONDAY AUGUST 8  
COST: \$830.00 4 DAYS

See trip description on page 10.

[Click for more info & photos](#)

## BASEBALL HALL OF FAME

MONDAY AUGUST 8 - THURSDAY AUGUST 11  
COST: \$845.00 4 DAYS

We're off to Cooperstown, located in upstate NY, to view their extensive collection of baseball memorabilia, stopping to admire the plaques of our favorite legends, and browse through the fabulous gift shop. Another highlight is the multimedia presentation in the Grandstand Theater which tells the story of the game's long and winding history.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

[Click for more info & photos](#)

## CAPE COD

MONDAY AUGUST 8 - SUNDAY AUGUST 14  
COST: \$1,620.00 7 DAYS

See trip description on page 12.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

[Click for more info & photos](#)

## VIRGINIA BEACH

TUESDAY AUGUST 9 - MONDAY AUGUST 15  
COST: \$1,585.00 7 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## HUNTER MOUNTAIN CELTIC FESTIVAL

FRIDAY AUGUST 12 - SUNDAY AUGUST 14  
COST: \$605.00 WEEKEND

For lovers of all things Irish, this International Celtic Festival features fantastic entertainment from the Emerald Isles, plus world-class Irish-American bands and dancers. There will be dozens of authentic Irish vendors, traditional foods, and plenty of beverages. If the group is up for late-night action, there is also a fireworks display on Saturday night!

## AMUSEMENT PARKS extra walking

MONDAY AUGUST 15 - SATURDAY AUGUST 20  
COST: \$1,345.00 6 DAYS

If you love amusement parks, this trip is a must! We will head to Pennsylvania where we will enjoy three different parks. While each place has unique attractions, they all offer plenty of rides, entertainment and fun. We will also take the time to explore the area, enjoying restaurants and local nightlife.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ



*As parents we feel our son is in capable and caring hands. We send him off for fun and recreation and we can relax knowing he is having a great and safe time.*

parent





[Click for more info & photos](#)

## ATLANTIC CITY

TUESDAY AUGUST 16 - THURSDAY AUGUST 18  
COST: \$655.00 3 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## MYSTIC, CT

MONDAY AUGUST 22 - THURSDAY AUGUST 25  
COST: \$875.00 4 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## VERMONT

FRIDAY AUGUST 19 - TUESDAY AUGUST 23  
COST: \$985.00 5 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM HARTFORD, CT

## BOSTON

extra walking

WEDNESDAY AUGUST 24 - SUNDAY AUGUST 28  
COST: \$1,125.00 5 DAYS

Join Sprout for a classic tour of this fun and historic city. We may visit the shops and enjoy street performers in the city's iconic Quincy Market. Scenic trolley rides around Boston's historical districts or a trip to the Aquarium are other options available to us. During the evenings, the group may elect to take part in Boston's great nightlife.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## BALTIMORE

extra walking

MONDAY AUGUST 22 - THURSDAY AUGUST 25  
COST: \$885.00 4 DAYS

Baltimore offers a host of exciting activities that make for an enjoyable trip. Options for our visit include the beautifully-designed Harborplace, the Babe Ruth Museum and the world famous aquarium, while still finding time to shop and dine out in restaurants.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## POCONOS

FRIDAY AUGUST 26 - MONDAY AUGUST 29  
COST: \$830.00 4 DAYS

See trip description on page 10.

[Click for more info & photos](#)

## WASHINGTON, DC

FRIDAY AUGUST 26 - TUESDAY AUGUST 30  
COST: \$980.00

extra walking

5 DAYS

See trip description on page 11.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## CATSKILLS

MONDAY AUGUST 29 - THURSDAY SEPTEMBER 1  
COST: \$850.00

4 DAYS

See trip description on page 12.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## DELAWARE SHORE

TUESDAY AUGUST 30 - SATURDAY SEPTEMBER 3  
COST: \$1,060.00

5 DAYS

Delaware offers great beaches and boardwalk amusements for everyone to enjoy. We will explore all this seaside area has to offer: great restaurants, nightlife, live music, shopping and miniature golf.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## 1000 ISLANDS

THURSDAY SEPTEMBER 1 - TUESDAY SEPTEMBER 6  
COST: \$1,300.00

6 DAYS

See trip description on page 11.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

[Click for more info & photos](#)

## PENN DUTCH

FRIDAY SEPTEMBER 2 - TUESDAY SEPTEMBER 6  
COST: \$980.00

5 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## MYSTIC, CT

TUESDAY SEPTEMBER 6 - THURSDAY SEPTEMBER 8  
COST: \$655.00

3 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

[Click for more info & photos](#)

## BASEBALL HALL OF FAME

WEDNESDAY SEPTEMBER 7 - SATURDAY SEPT. 10  
COST: \$845.00

4 DAYS

See trip description on page 15.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## WILLIAMSBURG, VA

extra walking

THURSDAY SEPTEMBER 8 - WEDNESDAY SEPT. 14  
COST: \$1,550.00

7 DAYS

Discover Colonial Williamsburg for a truly unique vacation. Explore the Revolutionary City and travel back into our nation's history. Experience hands-on exhibits and see history come to life! Historical attractions, theme parks, souvenir shopping and restaurants will fill our week.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## ATLANTIC CITY & CAPE MAY

FRIDAY SEPTEMBER 9 - MONDAY SEPTEMBER 12  
COST: \$895.00

4 DAYS

Located at the southernmost tip of New Jersey, Cape May offers serene vistas and historic sites. We can relax on the beach by day and enjoy dining out at night. We will explore the sites that make Cape May unique, such as Victorian homes and lighthouses. We'll stay in Atlantic City to enjoy the boardwalk and casino action.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ



*My consumer just came back from your vacation. She said, "I'm in heaven." She was teary-eyed when she got off the bus, because she didn't want to leave, and said it was the best vacation she ever went on. Just wanted to let you know that you made someone feel like she went to heaven!*

residential coordinator





## DUDE RANCH

MONDAY SEPTEMBER 12 - THURSDAY SEPTEMBER 15

COST: \$995.00

4 DAYS

A Dude Ranch located in upstate New York on hundreds of spectacular acres is our destination. There will be many fun activities for us to pick from: miniature golf, shuffleboard, hay rides, swimming, and tame horses, which will be provided for rides along scenic trails. In the evenings we will enjoy music and dancing.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

### BOSTON

extra walking

TUESDAY SEPTEMBER 13 - FRIDAY SEPTEMBER 16  
COST: \$900.00 4 DAYS

See trip description on page 16.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

[Click for more info & photos](#)

### ORLANDO & DISNEY WORLD



photo ID required

extra walking

TUESDAY SEPTEMBER 13 - MONDAY SEPTEMBER 19  
COST: \$2,335.00 7 DAYS

See trip description on page 8.

### BERKSHIRES & BIG E FAIR

extra walking

THURSDAY SEPTEMBER 15 - SUNDAY SEPTEMBER 18  
COST: \$840.00 4 DAYS

A fantastic time of year to get away to the colorful Berkshire region of New England. The "Big E" features live entertainment, a circus show, rides, crafts, parades, local food from eastern states and much, much more.

THIS TRIP ALSO DEPARTS FROM HARTFORD, CT

[Click for more info & photos](#)

### LAKE GEORGE

FRIDAY SEPTEMBER 16 - WEDNESDAY SEPTEMBER 21  
COST: \$1,260.00 6 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

[Click for more info & photos](#)

### PHILADELPHIA

extra walking

MONDAY SEPTEMBER 19 - THURSDAY SEPTEMBER 22  
COST: \$840.00 4 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

### CAPE COD

TUESDAY SEPTEMBER 20 - SUNDAY SEPTEMBER 25  
COST: \$1,385.00 6 DAYS

See trip description on page 12.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

[Click for more info & photos](#)

### ATLANTIC CITY

FRIDAY SEPTEMBER 23 - SUNDAY SEPTEMBER 25  
COST: \$650.00 WEEKEND

See trip description on page 9.

### NEW HOPE

MONDAY OCTOBER 3 - WEDNESDAY OCTOBER 5  
COST: \$645.00 3 DAYS

New Hope is a charming village located just over the New Jersey border in Pennsylvania. There are many activities to select from, including a picturesque old-fashioned barge ride on the Delaware Canal, and a scenic railroad ride. There are plenty of shops to browse through and cafes in this quaint town.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ



## LAS VEGAS



photo ID  
required

extra  
walking

WEDNESDAY OCTOBER 5 - TUESDAY OCTOBER 11

COST: \$2,200.00

7 DAYS

We're off to the neon lights and high-rolling action of Las Vegas! The world's most famous casinos await us, offering the excitement of slot machines and star-studded shows. A trip down the famous "Strip" will allow us to visit a circus, a volcano, roller coasters and other breathtaking sites.

[Click for more info & photos](#)

## VERMONT

FRIDAY OCTOBER 7 - TUESDAY OCTOBER 11

COST: \$1,085.00

5 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM HARTFORD, CT

## WASHINGTON, DC

extra  
walking

THURSDAY OCTOBER 13 - SUNDAY OCTOBER 16

COST: \$980.00

4 DAYS

See trip description on page 11.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ



## BERMUDA CRUISE



passport  
required

extra  
walking

SUNDAY OCTOBER 16 - SUNDAY OCTOBER 23

COST: \$2,330.00

8 DAYS

The gorgeous island of Bermuda is the destination of this fun-filled Norwegian cruise departing from NYC. What will be our favorite part of this cruise? The fine dining? Live entertainment? Casino action? Swimming and poolside relaxation? The ship's ice-skating rink? The shops and beaches of Bermuda? We will enjoy all of this and more on this lovely vacation at sea.

## CATSKILLS FALL TOUR

TUESDAY OCTOBER 18 - FRIDAY OCTOBER 21

COST: \$850.00

4 DAYS

An autumn getaway in upstate New York! We will take advantage of the season to shop for pumpkins, browse through farm stands, and possibly check out a local haunted house.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

[Click for more info & photos](#)

## ATLANTIC CITY

MONDAY OCTOBER 24 - WEDNESDAY OCTOBER 26

COST: \$655.00

3 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

[Click for more info & photos](#)

## ORLANDO & DISNEY WORLD



photo ID required

extra walking

TUESDAY OCTOBER 25 - MONDAY OCTOBER 31

COST: \$2,335.00

7 DAYS

See trip description on page 8.

## POCONOS

FRIDAY OCTOBER 28 - MONDAY OCTOBER 31

COST: \$830.00

4 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ



## LONDON, ENGLAND



passport required

extra walking

TUESDAY NOVEMBER 1 - TUESDAY NOVEMBER 8

COST: \$3,890.00

8 DAYS

We're going back to the exciting, historical city of London, England! It's been 10 years since Sprout has been to this lovely city. We'll have the opportunity to visit the Tower of London, Big Ben, Buckingham Palace during the changing of the guard and the spectacular Westminster Abbey. Our European adventure will be topped off with great food and souvenir shopping for everyone to enjoy.

Click for more info & photos

### MYSTIC, CT

WEDNESDAY NOVEMBER 2 - SATURDAY NOVEMBER 5  
COST: \$875.00 4 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

Click for more info & photos

### ORLANDO & DISNEY WORLD

WEDNESDAY DECEMBER 7 - TUESDAY DECEMBER 13  
COST: \$2,335.00 7 DAYS

See trip description on page 8.

photo ID required extra walking

### BETHLEHEM, PA

FRIDAY DECEMBER 16 - SUNDAY DECEMBER 18  
COST: \$625.00 WEEKEND

Just in time for the holidays, we will go to Bethlehem to enjoy the Christkindlmarkt, a market of handmade crafts, delicious foods and holiday entertainment. We'll may also visit the local casino and take a train ride.

Click for more info & photos

### ORLANDO & DISNEY WORLD

WEDNESDAY JANUARY 11 - TUESDAY JAN. 17, 2017  
COST: \$2,335.00 7 DAYS

See trip description on page 8.

photo ID required extra walking



### SOUTHERN CALIFORNIA

WEDNESDAY FEBRUARY 8 - TUESDAY FEBRUARY 14, 2017  
COST: \$2,400.00 7 DAYS

Sprout heads to beautiful SoCal for some fun in the sun. We will visit Disneyland for a fun-filled day with rides, shows and excitement. Sightseeing options include Hollywood, Venice Beach and Beverly Hills. We will also spend a couple of days in San Diego where we can visit the San Diego Zoo and the Gas Lamp Quarter.

photo ID required extra walking

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# slower paced trips

**specifically designed for participants who require greater assistance**



✦ The trip destinations, activities and accommodations have been selected for travelers seeking a slower, more supportive vacation.

✦ A higher ratio of leaders to participants will be provided to assist participants with the unique challenges of travel.

✦ Our goal is to offer an array of exciting vacations with increased assistance and support, in which participants can enjoy activities at a more relaxed pace.

✦ These trips are specifically selected so that the majority of the activities will be on site, with a limited amount of physical activity required.

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## CANADA CRUISE

passport  
required

THURSDAY JULY 28 - MONDAY AUGUST 1

COST: \$1,340.00

5 DAYS

Experience all the idyllic tranquility to be found north of the border — take it all in as you take a Carnival Canada/New England cruise. Legendary Carnival fun meets breathtaking east Canadian vistas as you tour this beautiful region, which displays rich history, culture and landscape that ensures you won't soon forget your vacation. The cruise will anchor in the Bay of Fundy, where we can spend a day in Saint John, Canada, with its Victorian-era architecture and bustling central market.

During our time aboard the ship, we will partake in many activities that the Carnival "Sunshine" has to offer, including a casino, karaoke, live entertainment, swimming and plenty of dining options for us to choose from.

*This cruise will meet at the Cruise Ship Terminal in Midtown Manhattan.*



[Click for more info & photos](#)

## CATSKILLS RESORT

TUESDAY SEPTEMBER 27 - FRIDAY SEPTEMBER 30

COST: \$1,130.00

4 DAYS

We're heading to one of our favorite resorts in the Catskill Mountains of Upstate New York. During our stay, we will have the opportunity to partake in many fun activities such as arts and crafts, movies, bingo and karaoke. We can also take a dip in the indoor heated swimming pool or relax and unwind in the jacuzzi. There is even on-site shopping, so no need to venture far for those looking to browse for souvenirs. The resort offers delicious meals and comfortable accommodations with private baths.

*This trip will offer meeting locations in Manhattan and at the resort in the Catskills.*



*It is nice to know that our folks are getting the same high level of service on vacation as they get at home. They talk for months about the positive friendships they have made.*

residential coordinator



Click for more info

# sprout leaders

*I can't begin to describe how valuable this experience has been for me.*

sprout leader



*Due to the energetic, caring Sprout leaders, our consumers return home with memories of happy times, acceptance and new friends made.*

service coordinator



*I love Sprout, and love the job and most of all I love the participants! I feel so lucky to have been a part of it again this summer!*

sprout leader

To offer safe and enjoyable vacations to those who could not otherwise travel alone, Sprout relies on the talents, creativity and hard work of its leaders.



The leadership team is the most important element in the success of any Sprout trip. Leaders are trained in safety, group dynamics, trip logistics and the philosophy of the organization. Leaders are selected for their ability to achieve the goals of the organization.



Sprout involves many people from different origins, who work together respectfully and beneficially to provide unique perspectives and excitement to each trip. What our leaders have in common is a deep concern for and desire to work with and help people with special needs.



*If you are interested in more information on leadership please visit [www.gosprout.org](http://www.gosprout.org) or contact [leadership@gosprout.org](mailto:leadership@gosprout.org)*

*[click here for application form](#)*

# nyc respite programs

Through contracts with the New York State OPWDD, Sprout offers the following programs for people with developmental disabilities living with family.

**The New York City Day and Evening Program** offers educational, recreational and cultural activities on weekday evenings and weekends. All participants must be 16 years of age or older, ambulatory and reside with family within the boroughs of Brooklyn, Manhattan or Queens. Outings vary in cost.



*The Sprout Vacation Program trips are wonderful opportunities for our students. For most of them this has been the first time they were away from their families, stayed in a hotel and travelled out of New York. It has opened up the whole world to them.*

Joan Reese,  
NYC Board of Education  
District 75

**The School Holiday Vacation Program** is for young adults, 14-21 years of age with developmental disabilities who reside with family within Brooklyn and Manhattan. The program offers 5-day vacations during the NYC Public School winter and spring breaks at no cost to the participants.



**The Staten Island Program** is a 5-day (Monday - Friday) vacation for persons 16 years of age and older with developmental disabilities residing with family within the borough of Staten Island. The vacation takes place every summer in the Catskill Mountains located in upstate New York and is of no cost to the participants.

*I wish I can be on a Sprout trip all the time.*  
participant



**The Weekend Vacation Program** provides adults 22 years of age and older, with developmental disabilities and residing with family within the boroughs of Brooklyn, Manhattan and Queens a weekend (Friday - Sunday) vacation. The trips go to various locations and are of no cost to the participants.



# terms and regulations

**COST OF THE TRIP** - Unless otherwise noted in the trip write-up, the price of a trip includes all meals, accommodations, transportation, accident coverage, supervision and activities. The price does not include personal spending money or incidental expenditures. Any incidental expenditures incurred by a participant while on a trip are the responsibility of the participant and must be reimbursed to Sprout within 30 days of invoice receipt. All trip prices and itineraries are subject to change due to factors beyond Sprout's control.

**PAYMENT AND DEPOSIT SCHEDULE** - To reserve a place on any trip, a deposit of fifty per cent (50%) of the total trip price is necessary. No reservation will be confirmed until a deposit is received. **The balance due is payable up to 28 days prior to the scheduled trip departure date. If final payment is not received by such time, the full deposit will be forfeited and the reservation will be lost. Registrations submitted within 28 days of departure date must be accompanied by full payment.**

**PARTICIPANT INFORMATION FORM (PIF)** - To participate on any trip with Sprout, a Participant Information Form must be completed and submitted to our office with a current psychosocial or psychological report no less than 30 days prior to trip commencement. Sprout reserves the right to deny admission to any applicant we deem unsuitable to the program.

**TRANSFERS & CANCELLATIONS** - A transfer is defined as cancelling off of one trip and registering onto an alternate trip. All transfers and cancellations must be received in writing. Sprout can not be held responsible for transfers or cancellations not received in writing.

The following refunds relate to ALL transfers/cancellations, regardless of the reason (health, psychological, etc.).

1. For transfers/cancellations made 35 or more days before departure date, all money received will be refunded minus \$50.00 and the cost of any pre-purchased tickets.

2. For transfers/cancellations made between 14 - 34 days before departure date, all money received except one half of the total trip cost will be refunded.

3. For transfers/cancellations made less than 14 days before departure date and for no-shows, no refund will be issued.

**For trips using cruise ships or air transportation: transfers/cancellations may be subject to stricter penalties.**

**SUBSTITUTIONS** - A substitution is defined as one participant being replaced by another, prior to trip departure.

The following refunds relate to ALL substitutions, regardless of the reason (health, psychological, etc.).

1. Arrangements must be made at least one week prior to the trip departure.

2. All persons must be deemed suitable to participate on trip.

3. Substitutions are contingent upon travel restrictions.

4. Additional costs may be incurred and must be paid 3 days prior to trip departure.

**ACCIDENT COVERAGE** - Each Sprout participant is covered by Sprout accident coverage at Sprout's expense. Sickness and transportation are not covered. Coverage is subject to the following limitations: \$500.00 medical expenses due to accident, including \$100.00 dental expenses due to accident to sound teeth. Any expense over \$500.00 shall not be covered.

**CHECK-INS / CHECK-OUTS** - To ensure the pleasure and safety of our participants, we ask that a staff/parent accompany each participant to check-in the participant at the trip meeting location. This person should be prepared to meet with the trip leaders and discuss medication and any other pertinent information. Additionally, at the end of the trip, a staff person/parent should meet the participant at the pre-arranged meeting location for check-out and to receive any leftover medications, spending money or other relevant materials. We must be notified at least two weeks prior to trip departure regarding any special arrangements.

**LATENESS** - Because of the great inconvenience to all involved, prompt drop-offs and pick-ups are of utmost importance.

**CHECK-IN:** Sprout will delay a trip's departure for a maximum of 30 minutes for any late arriving participant. Beyond this time, a participant who misses a trip due to lateness will forfeit all monies paid.

**CHECK-OUT:** For safety reasons, Sprout must provide staff until all participants have been picked up. Any expenses incurred by Sprout due to a late pick-up, including, but not limited to; increased staff, communication and transportation and meal costs, will be the liability of the participant and must be paid in full to Sprout within 30 days of invoice receipt.

**CONDUCT** - Sprout reserves the right to expel any participant from a trip for any lawful reason, including, but not limited to, violation of Sprout rules, conduct detrimental to him/herself, other participants, the general public, or Sprout agents or employees. Any expenses incurred by Sprout due to either property damage by a participant (repairing, cleaning or replacement charges) or the expulsion of a participant, including, but not limited to, increased transportation, accommodation and communication costs, will be the responsibility of the participant and must be paid in full to Sprout within thirty (30) days of invoice receipt.

**SUPERVISION** - Sprout provides three leaders for each group of 10-11 participants. Sprout reserves the right to alter this ratio based on actual group size, trip location or specific circumstances. Sprout does not offer 24 hour, in-room supervision. Sprout

leaders will supervise the group during daily activities as well as during normal awake hours at the lodging. Sprout leaders do not sleep in the rooms with participants.

**MEDICATION** - All medication must be blister-packed and clearly labeled with the participant's name, type of medication, dosage and times of medication. Liquids, drops, creams or inhalants should be sent in their original container with clear instructions. Any participant who arrives with medications not packed according to these specifications may not be allowed to go on the trip. All additional equipment, such as blood pressure monitors, must be provided by the participant. A medication master sheet is required for all participants (including those that are self-medicating) traveling. All Sprout Primary Leaders are trained in medication administration protocols based on NYS's AMAP training." **Sprout does not perform blood sugar testing. Insulin dependent participants, who are not fully independent, will not be accepted on Sprout trips.**

**TRAVEL DOCUMENTS** -

**For all trips:** It is highly recommended that all persons have appropriate photo identification for all trips.

**For travel outside of the US:** Any person traveling outside of the United States or its municipalities is responsible for providing his or her own travel documents and passport. All participants must have a valid passport to travel outside of the United States.

**For all trips using air transportation and on cruise trips:** All persons using air travel must be in compliance with current airline, TSA, Homeland Security, federal & state regulations regarding proper photo identification & documentation. It is highly recommended that all persons registering for air travel or cruise trips, **send in a photocopy of their passport or identification card that is intended for T.S.A./security when registering for your Sprout trip.**

No refund will be issued if a participant is refused boarding due to lack of proper identification.

**LOST ITEMS / SPENDING MONEY** - Sprout is not responsible for any items lost or discrepancies in spending money during a participant's trip.

**TRAVELER'S INSURANCE** - Sprout does not provide traveler's insurance to cover trip cost cancellation penalties. If you need any help in attaining traveler's insurance, please contact your travel agent or the Sprout office.

**HOSPITALIZATION** - Sprout is unable to provide staffing support if a person is hospitalized during a trip for medical or psychiatric reasons. If a participant is hospitalized beyond the designated trip duration, it is the responsibility of the agency and/or family to provide the necessary support and make travel arrangements for the return home.

# registration procedure

Please follow these easy steps:

**ONE:** Complete both sides of the adjacent registration form. Read and sign the agreement and mail it to Sprout along with a 50% deposit of the trip cost for each trip you would like to take. Make sure you have chosen a departure point that is being offered for your trip. Not all trips offer the same departure options.

**TWO:** All first-time travelers with Sprout must have a psychosocial report or psychological evaluation and a completed [Sprout Participant Information Form](#) submitted to and approved by Sprout in order to register for a trip. Sprout may request updated and/or additional information from all participants.

**THREE:** When we receive your registration form and deposit, we will send you a letter confirming the trip you are registered for and notify you of your remaining balance. **Payment of your final balance is due no later than 28 days before the trip departure date.**

**FOUR:** Two weeks prior to the departure date, a Trip Information Sheet will be sent to you with the exact meeting time and location, accommodations, a packing list and other related information.

Please make your check or money order payable to **Sprout** and return to:

**sprout**

270 West 96th Street  
New York, NY 10025

If you have any questions about the registration process, please contact our office.



[Click for more info](#)

# registration form

PART I - PLEASE COMPLETE BOTH SIDES

name: \_\_\_\_\_

address: \_\_\_\_\_

city: \_\_\_\_\_

state: \_\_\_\_\_ zip: \_\_\_\_\_

phone: \_\_\_\_\_

agency: \_\_\_\_\_

contact person: \_\_\_\_\_

address: \_\_\_\_\_

email: \_\_\_\_\_

day phone: \_\_\_\_\_ eve. \_\_\_\_\_

cell: \_\_\_\_\_

Have you traveled with Sprout before?  yes  no

## TRIP PREFERENCES

List the trips you would like to register for. Make sure that you have chosen a departure point that is offered for your trip. Spaces on trips fill up quickly. Please list alternate dates and/or trips.

Trip Name: \_\_\_\_\_

Dates: \_\_\_\_\_ Cost: \_\_\_\_\_

### DEPARTURE POINT, PLEASE CHECK BOX:

New York City  Carteret, N J   
Hartford, CT  Bridgeport, CT  New Paltz, NY

Trip Name: \_\_\_\_\_

Dates: \_\_\_\_\_ Cost: \_\_\_\_\_

### DEPARTURE POINT, PLEASE CHECK BOX:

New York City  Carteret, NJ  Plainview, NY   
Hartford, CT  Bridgeport, CT  New Paltz, NY

Trip deposit amount enclosed: \_\_\_\_\_

Tax-deductible donation: \_\_\_\_\_

TOTAL ENCLOSED: \_\_\_\_\_

**AGREEMENT:** I understand that **trips are not confirmed** until all documentation is submitted and approved by Sprout and a 50% deposit for each trip has been received. I have read and agree to the Terms & Regulations contained herein governing all trips sponsored by Sprout.

SIGNATURE OF PARTICIPANT OR GUARDIAN

DATE

over please

FIRST CHOICE  
SECOND CHOICE

# registration form

## part two

It is extremely important that we are able to contact someone in case of an emergency during this participant's trip.

Please fill out the following contact information for the person to be reached **24 hours** during the dates the participant is on his/her trip:

contact person: \_\_\_\_\_

address: \_\_\_\_\_

city: \_\_\_\_\_

state: \_\_\_\_\_ zip: \_\_\_\_\_

phone: \_\_\_\_\_

or

agency: \_\_\_\_\_

relation to participant: \_\_\_\_\_

email address: \_\_\_\_\_

cell phone: \_\_\_\_\_

day phone: \_\_\_\_\_

eve. phone: \_\_\_\_\_

notes:

# help support sprout

Donations to Sprout are used to enhance current programming and to help develop innovative projects such as the following:

Sprout's **Make-A-Movie Program** offers our participants the opportunity to be part of creative video-making.

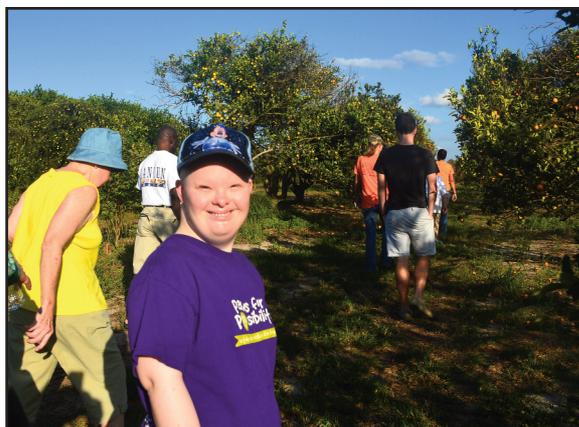
**Slower Paced Trips** are designed specifically for travelers seeking a slower, more supportive vacation.

The **Sprout Film Festival**, the **Sprout Touring Film Festival** and **sproutflix** celebrate and promote the best of film and video related to the field of developmental disabilities.

Visit our website at:

[www.GoSprout.org](http://www.GoSprout.org)

Click the *Donate To Our Cause* link to find out about ways you can support our programs.



# joseph di salvo fund

The Joseph Di Salvo Fund was established to provide support for the organization through private, annual donations. Sprout's ability to maintain the highest standards in recreational programming is due, in large part, to the generosity of our many contributors.

*We wish to acknowledge with gratitude and appreciation the generous support of our friends...*

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\*\* Leaders/Volunteers in the Sprout program

# sprout

*making the invisible visible*

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*Executive Director*

**Scott Randall**  
*Director of Operations*

**Andy Lee**  
*Program Director*

**Jennifer Cook**  
*Director of Leadership*

**Annisha Abidh**  
*Co-Director of Leadership*

**Abdool Corlette**  
*Film Program Coordinator*

**Laura Cohen**  
*Film Program Consultant*

**Fatih Tunay**  
*Web & Technology Consultant*

**Harriet Yaffe**  
*Film Program Coordinator*

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[Touring Film Festival](#)

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[Make-A-Movie Program](#)

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